

Show Your Worth®



The Show Your Worth® program leverages development for companies' female employees through a sustainable expert model.

The model directly identifies the challenges women face when wanting to step up and advance their opportunities, resulting in a transformational, positive impact for everyone involved in the process.

Content & Learning

Enhance your female employees' confidence and leadership skills by developing meaningful transformation through bridging their excellence and authenticity with great tools and directly implementable knowledge, creating high impact.

Learning styles and objectives

The Show Your Worth® program embraces the aspects and challenges women face when wanting to advance their career.

The Show Your Worth® program is based on a holistic approach, ensuring that each woman remains unique and authentic. Being confident is all about leveraging one's own authentic behaviors and expanding them with useful knowledge and tools.

'Success for women is success for the company.'



•Evidence-based •Self-awareness •Out of comfort zone •Direct impact

Program opportunities

The Show Your Worth company workshops develop your talented female employees so they authentically step up and speak up, bringing all their skills and ideas to action, increasing your financial results.

Program content is tailored to your company goals.

The length can vary from an inspirational 1½ hour workshop to a half-day workshop.

Program content

Own barriers	<p>Participants will learn why it has been difficult for them to put themselves out there. We talk about accomplishments, taking the lead and having a say at the table.</p> <p><i>Women will gain insight and techniques for changing the inner critical dialogue to a positive.</i></p>
Assertive language	<p>Participants will learn how small changes in the way they communicate can have a huge impact on getting their message across.</p> <p><i>Women will leave having changed the way they use language. They will speak in an assertive manner, yet still be true to their authentic selves.</i></p>
Powerful ask	<p>Participants will learn how to make a “powerful ask” and what to say when they get a counterargument.</p> <p><i>Women will receive knowledge on how they should ask, to positively engage the person they are asking.</i></p>
Connect	<p>Participants will learn why and how to build positive relationships to help her reach her career goals.</p> <p><i>Women will have the opportunity to look at building relationships with a new perspective, ensuring they leave the workshop knowing that it is their responsibility to make the connections.</i></p>



The mission of Show Your Worth® is to give every woman tools, guidance and encouragement to help her evolve into the most authentic and powerful version of herself.

Program director and facilitator



Lena Beck Rørvig has worked with executives from aspiring managers to board level, with significant individual P&L's, across industries worldwide.

She believes that great leadership produces outstanding performance and results. She also believes that it all starts with the individual and that stepping up and 'showing your worth' can be learned.

Lena was born and raised in Copenhagen and has worked and lived in London, Cannes and New York. She is a seasoned professional, highly skilled in making diversity initiatives successful. What drives her, is helping people, teams, and organizations perform to their highest potential.

A client described Lena as a 'rock star' in her field

Contact Lena Beck Rørvig to talk about what the program 'Show Your Worth'® can do for your company
Email: lbeck@beckglobalconsulting.com Phone: (917) 803-0831

www.ShowYourWorth.com